

Appalachian Christmas Outreach Backpack Checklist **Ages 4-7**

Food Items:

Expiration date after December 26, 2027

12-16 oz, pull-tab cans only

- ☐ 1 can of **vegetable**
 - ▶ Example: green beans, corn
- ☐ 1 can of **fruit**
 - ▶ Example: pears, peaches , fruit cocktail.
- ☐ 2 cans of **meat**
 - ▶ Example: ravioli, spaghetti w/ meatballs, tuna, beef stew.
- ☐ 1 **sandwich bag** of assorted individually wrapped candies
 - ▶ No chocolate or peanuts (due to allergies)

Hygiene Items placed in a gallon Zip-Lock bag

- ☐ 1 full-size bar of soap
- ☐ 1-2 toothbrushes
 - ▶ **Must be in original packaging**
- ☐ 1 full-size tube of toothpaste
 - ▶ **Must be in original packaging**
- ☐ 1 comb or brush
- ☐ 1 bottle of shampoo (10-16 oz)
 - ▶ **Tape the lid shut**
- ☐ 1 washcloth

Clothing Items (Age Appropriate) 1

- ☐ pair of gloves
- ☐ 1 winter hat
- ☐ 2-3 pairs of warm socks
 - ▶ Crew or knee-high only; **no ankle socks**
 - ▶ Size children's small or medium

Christian Literature

- ☐ 1 age-appropriate Bible, can be children's
 - ▶ Try to write a short, personal note on the cover page for the child.
- ☐ 1 copy of The **Christmas Story**, Luke 2:1-20
(available for download at www.baptistsonmission.org/aco)

Christmas Gift Instructions

When choosing gifts, please select items with the same care and thought you would give to your own child or grandchild. These quality gifts may be the only Christmas present this child receives and serve as a meaningful witness of Christ's love. **(Please, NO knife or blade of any kind)**

Ages 4-7 **Girls**

- ☐ Attach one **pink** and one yellow ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples:**
 - ▶ Candy Land game, Yahtzee game, Barbie doll, stuffed animal, LEGO set, card games, coloring books and crayons, children's jewelry, hair accessories, blanket, flashlight, craft kit, puzzle, fidget toy.

Ages 4-7 **Boys**

- ☐ Attach one **blue** and one yellow ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples"**
 - ▶ Candy Land game, Jenga, Spoons game, stuffed animal, matchbox cars, Nerf football, LEGO set, card games, coloring books and crayons, blanket, flashlight, puzzle, fidget toy.

Appalachian Christmas Outreach Backpack Checklist **Ages 8-10**

Food Items:

Expiration date after December 26, 2027

12-16 oz, pull-tab cans only

- ☐ 1 can of **vegetable**
 - ▶ Example: green beans, corn
- ☐ 1 can of **fruit**
 - ▶ Example: pears, peaches, fruit cocktail.
- ☐ 2 cans of **meat**
 - ▶ Example: ravioli, spaghetti w/ meatballs, tuna, beef stew.
- ☐ 1 **sandwich bag** of assorted individually wrapped candies
 - ▶ No chocolate or peanuts (due to allergies)

Hygiene Items placed in a gallon Zip-Lock bag

- ☐ 1 full-size bar of soap
- ☐ 1-2 toothbrushes
 - ▶ **Must be in original packaging**
- ☐ 1 full-size tube of toothpaste
 - ▶ **Must be in original packaging**
- ☐ 1 comb or brush
- ☐ 1 bottle of shampoo (10-16 oz)
 - ▶ **Tape the lid shut**
- ☐ 1 washcloth
- ☐ 1 full-size solid stick deodorant

Clothing Items (Age Appropriate)

- ☐ 1 pair of gloves
- ☐ 1 winter hat
- ☐ 2-3 pairs of warm socks
 - ▶ Crew or knee-high only; **no ankle socks**
 - ▶ Size children's large

Christian Literature

- ☐ 1 age-appropriate Bible, can be children's
 - Try to write a short, personal note on the cover page for the child.
- ☐ 1 copy of The **Christmas Story**, Luke 2:1-20
 - (available for download at www.baptistsonmission.org/aco)

Christmas Gift Instructions

When choosing gifts, please select items with the same care and thought you would give to your own child or grandchild. These quality gifts may be the only Christmas present this child receives and serve as a meaningful witness of Christ's love. **(Please, NO knife or blade of any kind)**

Ages 8-10 **Girls**

- ☐ Attach one **pink** and one **green** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples:**
Barbie doll, stuffed animal, card games, coloring book with crayons, sketchbook with colored pencils, UNO cards, Yahtzee game, jewelry, fingernail art, hair accessories, diary, fuzzy blanket, craft kits, flashlight, puzzle, chapstick, word search.

Ages 8-10 **Boys**

- ☐ Attach one **blue** and **green** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples"**
Card games, UNO cards, Yahtzee game, slime kits, sketchbook with colored pencils, fidget toy, flashlight, Yo-Yo, Matchbox cars, Nerf football, fuzzy blanket, LEGO sets, Jenga-type games, Spoons game, puzzle, word search.

Appalachian Christmas Outreach Backpack Checklist **Ages 11-14**

Food Items:

Expiration date after December 26, 2027

12-16 oz, pull-tab cans only

- ☐ 1 can of **vegetable**
 - ▶ Example: green beans, corn
- ☐ 1 can of **fruit**
 - ▶ Example: pears, peaches, fruit cocktail.
- ☐ 2 cans of **meat**
 - ▶ Example: ravioli, spaghetti w/ meatballs, tuna, beef stew.
- ☐ 1 **sandwich bag** of assorted individually wrapped candies
 - ▶ No chocolate or peanuts (due to allergies)

Hygiene Items placed in a gallon Zip-Lock bag

- ☐ 1 full-size bar of soap
- ☐ 1-2 toothbrushes
 - ▶ **Must be in original packaging**
- ☐ 1 full-size tube of toothpaste
 - ▶ **Must be in original packaging**
- ☐ 1 comb or brush
- ☐ 1 bottle of shampoo (10-16 oz)
 - ▶ **Tape the lid shut**
- ☐ 1 washcloth
- ☐ 1 full-size solid stick deodorant

Clothing Items (Age Appropriate)

- ☐ 1 pair of gloves
- ☐ 1 winter hat
- ☐ 2-3 pairs of warm socks
 - ▶ Crew or knee-high only; **no ankle socks**
 - ▶ Adult men's or women's size

Christian Literature

- ☐ 1 age-appropriate Bible, can be teen Bible
 - Try to write a short, personal note on the cover page for the child.
- ☐ 1 copy of The **Christmas Story**, Luke 2:1-20
 - (available for download at www.baptistsonmission.org/acol)

Christmas Gift Instructions

When choosing gifts, please select items with the same care and thought you would give to your own child or grandchild. These quality gifts may be the only Christmas present this child receives and serve as a meaningful witness of Christ's love. **(Please, NO knife or blade of any kind)**

Ages 11-14 **Girls**

- ☐ Attach one **pink** and one **red** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples:**
Yahtzee game, UNO cards, Phase 10 cards, jewelry, fingernail art, hair accessories, adult coloring books with colored pencils, sketchbook, diary, fuzzy blanket, art drawing set with colored pencils, small purse or wallet, craft kit, flashlight, puzzle, word search, chapstick.

Ages 11-14 **Boys**

- ☐ Attach one **blue** and **red** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples"**
UNO card games, Phase 10 cards, Yahtzee game, fuzzy blanket, book, sketchbook, Nerf football or balls, LEGO sets, Jenga-type games, fishing or hunting magazines, flashlight, Yo-Yo, puzzle, word search.

Appalachian Christmas Outreach Backpack Checklist **Ages 15-17**

Food Items:

Expiration date after December 26, 2027

12-16 oz, pull-tab cans only

- ☐ 1 can of **vegetable**
 - ▶ Example: green beans, corn
- ☐ 1 can of **fruit**
 - ▶ Example: pears, peaches, fruit cocktail.
- ☐ 2 cans of **meat**
 - ▶ Example: ravioli, spaghetti w/ meatballs, tuna, beef stew.
- ☐ 1 **sandwich bag** of assorted individually wrapped candies
 - ▶ No chocolate or peanuts (due to allergies)

Hygiene Items placed in a gallon Zip-Lock bag

- ☐ 1 full-size bar of soap
- ☐ 1-2 toothbrushes
 - ▶ **Must be in original packaging**
- ☐ 1 full-size tube of toothpaste
 - ▶ **Must be in original packaging**
- ☐ 1 comb or brush
- ☐ 1 bottle of shampoo (10-16 oz)
 - ▶ **Tape the lid shut**
- ☐ 1 washcloth
- ☐ 1 full-size solid stick deodorant

Clothing Items (Age Appropriate)

- ☐ 1 pair of gloves
- ☐ 1 winter hat
- ☐ 2-3 pairs of warm socks
 - ▶ Crew or knee-high only; **no ankle socks**
 - ▶ Adult men's or women's size

Christian Literature

- ☐ 1 age-appropriate Bible, can be teen Bible
 - Try to write a short, personal note on the cover page for the child.
- ☐ 1 copy of The **Christmas Story**, Luke 2:1-20
 - (available for download at www.baptistsonmission.org/acol)

Christmas Gift Instructions

When choosing gifts, please select items with the same care and thought you would give to your own child or grandchild. These quality gifts may be the only Christmas present this child receives and serve as a meaningful witness of Christ's love. **(Please, NO knife or blade of any kind)**

Ages 15-17 **Girls**

- ☐ Attach one **pink** and one **white** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples:**
 - Adult coloring book with colored pencils, UNO cards, Phase 10 cards, Yahtzee, hair accessories, jewelry, fingernail art, skin care products or makeup, small purse or wallet, flashlight, fuzzy blanket, craft kit, diary, puzzle, chapstick, word search, travel-sized hair dryer, earbuds.

Ages 15-17 **Boys**

- ☐ Attach one **blue** and **white** ribbon to backpack
- ☐ At least **2** NEW gifts
 - **Examples"**
 - Phase 10-type or UNO cards, wallet, Yahtzee, fishing/hunting magazines or books, flashlight, metal water bottle, small metal thermos, fuzzy blanket, puzzle, word search, earbuds, small tool kits, fishing gear.